



2018 Prouty

Metric Century Gravel Ride Description

We hope you enjoy your Prouty experience and come back again and again to help fight cancer!

- Date:** Saturday, July 14, 2018
Start Time: 7:00am (Prouty Safety Support Rider Lead Mass Start)
End Time: 4:00pm (All riders are asked to return by 4pm.)
Start Location: Prouty Venue (Richmond Middle School, 63 Lyme Road, Hanover, NH)
Length: 107-Kilometers / 66-Miles (26-Miles of Hard Pack Dirt)

Ride Description: New for 2018: The Prouty Metric-Century Gravel Ride. Prepare to tour some of the most scenic, less traveled roadways in the area. The ride is not for the inexperienced dirt rider, as it will be demanding at times, but the payoffs are great mountain views of Moose, Sunday, and Peaked Mountain. A rider-lead “Mass Start” will initiate the fun departing from the Prouty Venue at 7:00am.

Expect mixed terrain of both paved (66k/40m) and maintained hard pack dirt roadways (40k/26m) with over 4,000+ ft. of climbing. The bulk of the hard pack dirt riding will take place during the first half of the ride leading north to Haverhill, NH. It will also have the most climbing, as riders navigate 3-Mile Road, Baker Hill Road, Acorn Hill Road and Indian Pond Road, which are all dirt roadways.

In Haverhill, riders will join existing 77-Mile Prouty riders for a short time, streaming southward towards Orford, NH, only to turn onto River Road traversing a covered bridge and gaining views of the Connecticut River. Riders continue to navigate southward until reaching the Prouty’s balloon arch finish in Hanover, NH.

Ride Support & Planning: There will be (3) full-service aid stations available where riders can take a break and enjoy nutritious food and beverages. Aid stations also have the support of medical and bike tech volunteers. As needed, riders will encounter numerous bail-out points.

Prouty Roving Vehicles and a Safety Sweep Team will be assigned to each segment of the ride and are capable of providing basic medical care and bike tech support while on route, however, it will be limited at times due to the nature of the ride. As a result, **riders are expected to have a higher level of self-sufficiency**. It is recommended that bicycles be outfitted with at least 28c tires, a compact crank, and riders carry multiple spare tubes. For questions or assistance during the ride, call the Prouty Incident Command Center at (603) 646-1593.

Safety: Safe cycling is no accident. All riders are expected to ride in a safe, responsible, and respectful manner. All riders should understand Rider Etiquette and Rules of the Road, including young participants (see the Cycling Safety and Etiquette page). Please know helmets are **REQUIRED** and leave the headphones at home. Please don’t compromise the safety of yourself and others! Lastly, to ensure that you have an enjoyable ride, have your bicycle in the best mechanical condition possible (see Supporting Bike Shops and Tune-up Specials).

SAG Aid Stations:

			Opens	Close	Current Mile	Next SAG	Finish
1.	Orford, NH	Rivendell Hiking Trail Parking Lot	7:30am	10:00am	23.8	20.2	42.9
2.	Bradford, VT	Clara Martin Center	6:30am	2:30pm	44.0	13.3	22.7
3.	Lyme, NH	Town Common	5:30am	3:30pm	57.3	9.4	9.4

Elevation Profile:

